

40th Annual Spirit Run, Sunday, March 17, 2024 Spirit Run's "Dash for Cash" School Fundraiser

Spirit Run's "Dash for Cash" fundraiser is simple. The more students, families, and school supporters who register to run or walk for your school, the more money your school raises.

You're probably familiar with See's Candies, wrapping paper, and dine-out fundraisers. At these fundraisers, school supporters purchase from a business, and the business pays your school a percentage (typically 10-25%) of the amount supporters spent, keeping the rest.

The "Dash for Cash" fundraiser is similar, but even better! With "Dash for Cash," your school earns a minimum of 25%, and as much as 45%! Plus, it will be promoting health and fitness and school spirit, as its students and families run or walk together and enjoy the event expo. Also, the percentage of registration fees your school does not receive benefits other children, not a for-profit business.

See page 2 for Spirit Run's adult and youth races, as well as information about its Youth & Fitness Expo. Spirit Run registration and event details are available at www.newportspiritrun.org.

Please join us in celebrating youth fitness while raising money for your school! To sign up for "Dash for Cash" or if you have any questions, please email dianedaruty@sbcglobal.net.

Spirit Run & Newport-Mesa Spirit Run, Inc.

Spirit Run is an adult and youth road race and expo event celebrating its 40th year on March 17, 2024 at Fashion Island. Spirit Run is presented by a 501(c)(3) non-profit public benefit corporation called Newport-Mesa Spirit Run, Inc. ("NMSRI"). NMSRI is managed by an all-volunteer board whose mission is to promote youth fitness and to donate Spirit Run's net proceeds to benefit youth education and athletics. NMSRI wants to promote youth fitness throughout Southern California. It created "Dash for Cash" to spread Spirit Run's fitness, and to share its funds, throughout Southern California.



America's Premier Miler, Steve Scott, leads Youth Mile Race. An Olympian, Steve holds a world record for the most sub-4 minute miles. Each year he warms up and leads kids in each Youth Mile Race.

Spirit Run - Youth, Adult, & Family Events & Expo*

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YOUTH		ADULT & FAMILY		EXPO FEATURES
High School & Younger		Adult (Post High School)**		
Youth 5k	\$25-35	5k	\$45-55	St. Patrick's themed costume contest with prizes
9-18 Year Old Mile	\$25-35	Open Mile (age 18-39)***	\$45-55	Live Music by vocal ensembles, jazz band, drumline
7-8 Year Old Mile	\$25-35	Master Mile (age 40 & up)*	** \$45-55	Food truck and other food/drinks
Dog Mile (age 13-18)	\$30-35	Elite Mile (time rqmts)***	\$45-55	Rock Climbing Wall
Add second race	\$15	Dog Mile	\$45-55	Bubble Roller Attraction
5-6 Year Old ½ Mile	\$25-35	Add second race	\$15	Surf Simulator
4 Year Old ¼ Mile	\$25-35	Family Mile	\$45-55	Massage for Adults
Family Mile or 5k Walk	\$25-35	5k Family Walk	\$45-55	Running shoes and apparel
Toddler Trot	\$25-30	Spirit Shirt w/ registration 't	il 2/27/24	Health & Fitness Professionals
Spirit Shirt included w/ registration		Spirit Medal each registered finisher		Study Hut Tutoring coconuts with water
Spirit Medal each registered finisher		Group Pricing available		Blaze Pizza Wheel spin for prizes
Compete for prizes. No prizes will be		Compete for cash in Elite and Masters		Dog Expo with adoptable dogs, pet samples, non
awarded in the Family Mile or 5k Walk.		Mile and 5k and for non cash prizes in		profits benefitting dogs, and more.
		5k, Open Mile, and Dog Mile. No		
		prizes will be awarded in the Family		
		Mile or 5k Walk.		

^{*}Visit <u>www.newportspiritrun.org</u> for more details on running and walking events, pricing, the expo, prizes, medals, and more.

^{**}Adult registrations have special rules for Spirit shirts. Visit www.newportspiritrun.org/registration for details.

^{***}Visit www.newportspiritrun.org/adult for details on time requirements for various adult mile races.