



## 2024 Newport Spirit Run

### Elite, 15-17, Open, Masters Award Winners

#### Elite

##### Men

<u>Place</u>	<u>Name</u>	<u>Yr</u>	<u>G</u>	<u>Time</u>	<u>Pace</u>
1	Mcluckie, Henry	21	M	4:03.0	4:03
2	Van Niekerk, Rikus	23	M	4:07.3	4:07
3	Raftis, Anthony	26	M	4:09.0	4:09

#### Elite

##### Women

1	Viljoen, Carina	26	F	4:30.1	4:30
2	Hermansson, Hanna	34	F	4:34.3	4:34
3	Fraser, Vanessa	28	F	4:37.5	4:37

#### Age 15-17

##### Male

1	Steinman, Kevin	16	M	4:53.6	4:53
2	Jourdan, Maxime	15	M	6:47.0	6:47
3	Christian, Teddy	16	M	7:26.4	7:26

#### Age 15-17

##### Female

1	Woodruff, Sally	15	F	6:15.8	6:15
2	Turner, Natalie	16	F	7:19.1	7:19

#### Open (18-39)

##### Men

1	Lopez, Marco	26	M	4:35.2	4:35
2	Cotsirilos, Peter	28	M	4:35.3	4:35
3	Furlong, Patrick	25	M	4:40.9	4:40

#### Open (18-39)

##### Women

1	Frey, Aigneis	25	F	5:39.3	5:39
2	Tighe, Katherine	25	F	5:39.4	5:39
3	Zeferino, Marina	23	F	5:51.5	5:51

#### Masters (40 & older)

##### Men

1	Cushing-murray, Christi	56	M	4:56.0	4:56
2	VAN BERCKELAER, A	46	M	4:57.6	4:57
3	Morales Lagunas, Luis	62	M	5:15.7	5:15

#### Masters (40 & older)

##### Women

1	Hyman, Vivien	44	F	5:10.2	5:10
2	Wu, Cambria	45	F	5:25.7	5:25
3	Peterson, Christy	49	F	5:37.8	5:37

